

## **Swim Team Objectives**

The Hastings Lake Swim Team program is founded on the belief that age group competitive swimming offers an exciting and worthwhile experience in a young person's life. It can be learned and enjoyed by those with little ability and by those who are of Olympic caliber, and its values go far beyond that of learning proficiency in the water. It must be understood that not every child can become a great swimmer. Some children, no matter how deeply motivated or how hard they are prodded, can achieve only limited competitive success. However, if the program is well planned and directed, every participant can gain from the experience whether or not they ever win a single race. It is for this reason that the following objectives have been adopted.

### **The Hastings Lake YMCA Swim Team will help:**

- Provide opportunities for social and emotional development.
- Furnish a wholesome physical and recreational outlet;
- Provide opportunity to learn sportsmanship and team cooperation;
- Provide educational opportunities;
- Provide training and competition to all swimmers who desire it;
- Provide a wide base of swimming experience in order to contribute to the increased skills and knowledge needed at the high school, college and advanced levels of competition;
- Strengthen the bond between the swimmer and his/her parents by providing a common activity they can both share.

The success of an age group competitive swimming program is not an accident. It is the result of careful planning and organizing toward a clear set of objectives.